

Referral guide to Falls Prevention Services

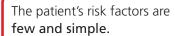
Triggers for referral:

- > Recent hospital admission, Emergency Department presentation, or SA Ambulance Service callout for a fall
- > Client reports having had a fall, trip, or slip (with or without injury)
- > Client appears unsteady
- > Assessment reveals:
 - Balance decline
 - Risk factors for falls
- Increased likelihood of injury in the event of a fall

When determining what service options are most suitable consider:

- > Is a comprehensive falls risk screen/ assessment required?
- > What is the level of urgency?
- > What is the level of complexity?

Falls and injury risk level



For example: Reduced strength or unsafe bathroom set-up.

The patient has been identified as having multiple risk factors

For example: Reduced balance, foot care and home safety issues

OR would benefit from a comprehensive falls risk factor assessment/plan

For patients who are at high risk of falling and/ or have a complex medical picture.

For example: Dizziness, polypharmacy, cognitive impairment, history of fracture.

Depending on needs, consider referral to:

- > Day Therapy Centre
- Strength for Life Fitness and Balance Program
- > Private Provider (Physiotherapist, OT, podiatrist, exercise physiologist) using private health cover, DVA or Medicare TCA/GPMP
- > Other Community Exercise Group

Refer to or intensify existing services at:

- > Southern Community Falls Prevention Team
- > Day Therapy Centre
- > DVA for assessment (via GP referral) if eligible.
- > Existing Home Care Package.
- > Other relevant servicese.g. Domiciliary Care

Refer to:

- > Falls Assessment Clinic which is a geriatrician-led multidisciplinary service
- > Refer the client directly to a specialist geriatrician if required
- > For hospital avoidance services Metropolitan Referral Unit (MRU)

Not Sure? For assistance in determining the appropriate service-

Refer to Southern Community Falls Prevention Team (SCFPT)

OR Phone 1300 0 FALLS (1300 0 32557) to speak with a member of the SCFPT

For other Falls Prevention Services: Southern Falls Prevention Service Directory